

About

# Chameleon's Journey™

Chameleon's Journey is an overnight grief camp for children and teens coping with the death of a family member or other significant person in their life. It is based on a journey of discovery by a chameleon that lost a special friend.

At Chameleon's Journey, campers learn ways to cope with their emotions while growing through new experiences, and they take comfort in learning that they are not alone in their grief.



Hospice and Palliative Care Charlotte Region is committed to providing care to people of all ages. We are one of only a few hospice and palliative care programs in the United States that provides a specialized program of care for seriously ill children and perinatal patients and we are the only dedicated pediatric hospice program in our area.

Our grief support services help children cope with loss through:

- Individual and group counseling
- In-school education and support
- Chameleon's Journey overnight weekend camps and half-day mini camps.

We sincerely thank all our 2015 Chameleon's Journey supporters.

#### Presenting Sponsor



#### Sustaining Sponsor

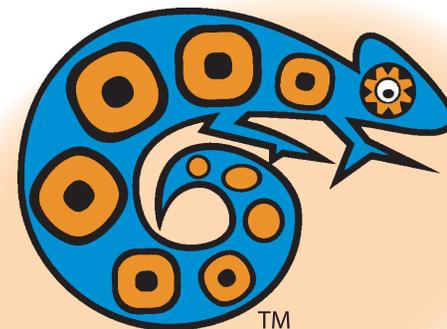
Merancas Foundation, Inc.

#### Caring Partners

Anonymous  
Charlotte – South Rotary Club  
Environmental Pumping and Drain Line Solutions

Hospice & Palliative Care Charlotte Region offers a specialized children's program. To learn more about the program visit [hpccr.org](http://hpccr.org)

THE 16TH ANNUAL



# Chameleon's Journey™

Encouraging help, hope and healing since 2000

An Overnight  
Grief Camp  
for  
Children & Teens  
Ages 7 to 16

October 17-18, 2015

## How Chameleon's Journey™ helps grieving children and teens

For many children and teens, grief is a time when they feel very alone. It seems like others don't understand or know what to do to help them after a family member or significant person dies.

At Chameleon's Journey grief camp children and teens quickly learn that they are not alone in their grief. In a safe and caring environment, trained counselors guide campers along the path to developing coping skills. Campers learn that feelings which surface during the grief process are normal – though difficult.

Through this amazing weekend of growth, campers gain new skills that help build confidence and hope for the future. Among the many activities of Chameleon's Journey are canoeing, zip-lining, rock wall climbing, music, drama, writing, and a campfire memorial service.

### Camp staff

All Chameleon's Journey camp counselors and volunteers are trained by the Hospice & Palliative Care Charlotte Region professional staff. These staff members have an understanding of the grief process and are experienced in supporting children coping with loss.



### 2015 camp

The 16th annual Chameleon's Journey grief camp is **October 17-18, 2015** at Camp Thunderbird in Lake Wylie, SC.

Camp Thunderbird is located approximately 20 miles southwest of uptown Charlotte, off Hwy. 49, at the NC/SC state line. Campers will sleep in cabins in small groups of the same age-range and gender, with an adult leader present in each cabin.

### Parent and guardian participation



At Chameleon's Journey parents and guardians can get the grief support they need, too. Although parents and guardians do not stay overnight, they are encouraged to attend a workshop each

morning. The two workshops address adult grief and ways to help their grieving children.

### How you can help

Chameleon's Journey is offered free of charge to all participants through the generous support of individuals, community organizations and area foundations. You can help ensure this camp remains available for all who need it by making a contribution to Chameleon's

Journey. For information about donating, please call our Development Office at 704.375.0100, or donate online at [hpccr.org](http://hpccr.org).



## Request a registration packet

1) Complete and mail this form to:  
**Chameleon's Journey  
Hospice & Palliative Care Charlotte Region  
1420 East Seventh Street  
Charlotte, NC 28204**

OR

2) Complete and FAX this form to:  
**704.887.6450**

OR

3) Visit **[hpccr.org](http://hpccr.org)** to access our online application.

Name (Print)

Address

City/State/Zip

Phone

Email

Upon returning this form, a registration packet will be sent to you. The packet will include an application which must be completed in full with required signatures before the application can be processed.

All applications will be reviewed by camp staff and accepted applicants will be notified. Apply early, as space is limited. Priority will be given to those who have not previously attended the camp. **All applications must be postmarked by September 25, 2015.** For more information call **704.375.0100** or visit **[hpccr.org](http://hpccr.org)**.

